

Long-Term Care Services

Ministering to Body, Mind, and Spirit

Saint Elizabeth's Medical Center, located in Wabasha, Minnesota, has been serving the health care needs of eastern Minnesota and western Wisconsin residents for more than 108 years. The Sisters of the Sorrowful Mother established the hospital in 1898. Today Saint Elizabeth's is a progressive, multidisciplinary rural health care organization offering a wide range of services. Saint Elizabeth's is a Critical Access Hospital (CAH). Our facility, located on two campuses, is Medicare certified for 25 acute care and swing beds, 110 skilled nursing home beds, and 44 assisted living apartments.



Saint Elizabeth's Nursing Home, located on the Saint Elizabeth's Medical Center campus, and Saint Elizabeth's Health Care Center, located about four blocks from the main campus, offer a full complement of resident-focused services:

Skilled Nursing Care
Nutrition Consultation
Rehabilitation

Specialized Alzheimer's care
Recreational Therapy
Spiritual Services

Social Services
Hospice Service
Behavioral Health



A Team Approach

Our caring and competent staff partners with residents and families to understand specific needs and preferences. Together, we create an individualized plan of care that promotes quality medical services, comfortable surroundings, social connections, and personal fulfillment.

Team members include nursing assistants, nurses, social workers, recreational therapists, rehabilitation therapists, and dietitians. Pharmacists, chaplains, and other health care professionals may be called upon for consultation. The care conferences encourage open communication and promote honest dialogue. Issues are raised, problems are solved, and ideas are suggested. The team has the same goal – to make sure the resident is experiencing the highest quality of life.

Physicians and primary care providers are also integral members of the team. They keep in close contact with the long-term care staff and are consulted when a change in health status warrants a clinic visit, a diagnostic test, or an adjustment to medications.

Keeping Our Mission Alive

Saint Elizabeth's exists to continually improve the health and well-being of all people, especially the poor, in the communities we serve.

Our mission is to provide holistic service for the good of society. We are guided by Christian beliefs that shape our vision of social responsibility. Our presence is marked by compassion and integrity. Our belief in **Justice** calls us to protect the dignity of all.

Saint Elizabeth's is a member of **Ministry Health Care** and sponsored by the **Sisters of the Sorrowful Mother**.



Meeting needs of the body

- A team of certified nursing assistants, LPNs, and RNs provide 24-hour skilled medical care, which may include wound care, IV therapy, and other specialized medical care.
- Nurse practitioners and physicians see residents on a regular basis and respond whenever there is a change in the resident's health.
- Rehabilitation services are designed to meet the individual needs of each resident. Occupational, speech, and physical therapists strengthen muscles, improve endurance and mobility, enhance daily functioning, and promote independence.
- Specialty services and referrals are made for dental services, behavioral health issues, and hearing and foot care.
- Flavorful and flexible dining options provide nourishing meals. Residents with special dietary needs benefit from individualized consultation from our registered dietitians.



Meeting needs of the mind

- Small and large group recreational therapy activities are geared to each resident's preference and needs. Discussion and reading groups, art therapy, exercise, music, gardening, games, pet therapy, and community events promote emotional and social stimulation.
- Resident Councils encourage a sense of ownership and empower residents to make decisions about their care and environment.
- Behavioral health services provide help to residents that experience depression, grief, behavior problems, and other psychiatric disorders.



Meeting needs of the spirit

- Our spiritual services team reaches out to those who struggle to find meaning and hope in times of illness and suffering.
- Local clergy offer spiritual services, visitation, and regular worship services.
- Both facilities feature a chapel for quiet reflection and contemplation.



Special Features

- Resident-focused care planning
- Flexible dining options
- Specialized Dementia/Alzheimer's Unit
- Facility-staffed Rehabilitation Program
- Medicare-certified and VA contract beds available

Saint Elizabeth's Continuum of Aging Services

- Home Health Care Services
- Lifeline Emergency Response
- Assisted Living
- Transitional Care
- Respite/Short-term Stays
- Adult Day Care
- Alzheimer's Support Group

If you would like to know more about our programs and services, please contact us:

651-565-4581