

Home Health Care



Comprehensive care for total well-being

Saint Elizabeth's Home Health Care offers you more than just convenient medical care. Our professional staff is dedicated to providing a comprehensive package of services that is tailored to the needs and preferences of our clients.

The staff of Saint Elizabeth's Home Health Care understands it is difficult to sort out all the options in home care. We know you not only require physical treatment, but deserve to be treated as a unique person.

Saint Elizabeth's Home Health Care formulates an individualized treatment plan to help you live as fully and independently as possible. We provide a full scope of services to clients of any age who qualify for health care at home. Services include:

Skilled Nursing Care

State-licensed nurses provide care and demonstrate, teach, and supervise care given by family members, home care aides, and other caregivers. The nurse is responsible for managing the client's care and coordinating services of other caregivers. Home infusion (IV therapy) is also administered by the nursing staff.

Social Work Services

Social workers provide counseling to clients and families. They also help with long-range planning, health care directives, and connecting clients and families to financial and other community resources.

Home Care Aide Services

Certified home care aides help clients with personal care tasks like bathing, grooming, and other duties assigned by the nurse or therapist.

Homemaker Services

Homemakers assist the client and family with light housekeeping, laundry, errands, and other household needs.

What is home care?

It is a blend of health care and social services, which is provided in the home to promote, restore and maintain health, and to minimize the effects of illness or disability.

Saint Elizabeth's Home Health Care is Medicare certified and state licensed in Minnesota and Wisconsin.

In most cases, services are covered by Medicare, Medical Assistance, major HMOs, and private insurances. Services are also provided on a private pay basis.

Home Health services continued



Therapy Services

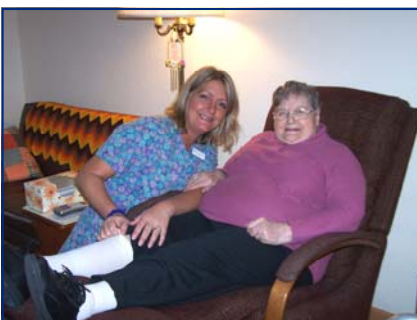
Based on the needs of the client, physical, occupational, and speech therapies can be provided in a home setting

- *Physical Therapy* is provided by, or under the direction of, a physical therapist licensed by the state. Physical therapy includes evaluation and treatment of a client's condition. Physical therapy helps clients regain skills, strength, and range of motion. Our goal is to help clients and families learn or regain function and skills needed to safely live in the home and progress toward independence.

- *Occupational Therapy* helps clients to achieve maximum independent function in areas of daily life such as personal self-care, home and meal management, and memory and interpersonal relationships.

- *Speech Therapy* can aid in all aspects of communication, help with eating and swallowing problems, and treat learning disabilities that affect daily activities.

How is care coordinated?



Care is provided under the direction of a physician. A home health case manager, nurse and therapist work closely with primary care physicians to coordinate care, services, and referrals.

Serving clients in
Wabasha County
Minnesota and
Buffalo and Pepin
Counties in
Wisconsin

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