

OCCUPATIONAL THERAPY



Ministry Rehabilitation Services
A Department of Sacred Heart-
Saint Mary's Hospitals

For many people, everyday living is complicated by disease, aging, disability, illness, or trauma.

Occupational therapy can provide people with the skills they need to overcome disabling conditions.

At Ministry Rehabilitation Services, occupational therapy is a vital part of our rehabilitation services.

SPECIALTY AREAS

- ▶ Biofeedback
- ▶ Chronic Pain Programming
- ▶ Hand Therapy
- ▶ Incontinence
- ▶ Lymphedema Management
- ▶ Stress Management

What is occupational therapy?

Occupation refers to activities that are meaningful to an individual, within the environment the person lives and functions. The three areas of occupation are self-care, work and leisure.

Your occupational therapy begins with a comprehensive evaluation to determine your current level of occupational functioning. Your treatment plan will address dysfunction due to delayed development, environmental concerns, and deficits in movement, sensation, cognition and emotional components of performance.

Our goal is to improve your quality of life by adapting tasks, and making changes to your home or workplace to promote your independence.

How can occupational therapy help you?

Occupational therapists work with a wide range of people. They include:

- ▶ A wage earner who is injured on the job
- ▶ A mother having difficulty with childcare due to pain and edema following a mastectomy
- ▶ A young adult with a head injury who cannot play his/her favorite video game
- ▶ A recovering alcoholic who needs leisure or outlets to replace alcohol
- ▶ A grandmother unable to bake due to arthritis
- ▶ A business owner stressed by everyday work
- ▶ A child with a learning disability who is frustrated at school
- ▶ A woman who cannot quilt due to wrist pain
- ▶ A grandfather who had a stroke and cannot fish with his family
- ▶ A volunteer having difficulty helping others because of chronic pain

For more information or to set up an appointment call (888) 843-1367.



Ministry Rehabilitation Services

A Department of Sacred Heart-
Saint Mary's Hospitals

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(888) 843-1367 • ministryhealth.org

Our professional and experienced occupational therapists use an individualized approach to help thousands of people throughout the Northwoods and Upper Michigan lead more satisfying and independent lives.

OCCUPATIONAL
THERAPY



Ministry Rehabilitation Services Northern Wisconsin's most comprehensive rehabilitation center:

- ▶ Aquatic Therapy
- ▶ Comprehensive Pain Management
- ▶ Industrial Rehabilitation
- ▶ Occupational Therapy
- ▶ Physical Therapy
- ▶ Speech Therapy
- ▶ Sports Medicine
- ▶ Women's Specialty Services
- ▶ Wound, Ostomy, Continence Care